

Plasmon-induced Trap State Emission from Single Quantum Dots

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Charge carriers trapped at localised surface defects play a crucial role in quantum dot (QD) photophysics. Surface traps offer longer lifetimes than band-edge emission, expanding the potential of QDs as nanoscale light-emitting excitons and qubits. Here, we demonstrate that a non-radiative plasmon mode drives the transfer from two-photon-excited excitons to trap states. In plasmonic cavities, trap emission dominates while the band-edge recombination is completely suppressed. The induced pathways for excitonic recombination not only shed light on the fundamental interactions of excitonic spins, but also open new avenues in manipulating QD emission, for optoelectronics and nanophotonics applications.

Quantum dots (QDs) find extensive applications in optoelectronic devices [1,2], (photo)catalysis [3], and biosensing.[4] Improving their exciton recombination is critical for utilisation, and marrying QDs with optical cavities is promising for tuning their photonic properties. Single photon sources, [5,6] strongly-coupled light-matter polaritons [7–11], and non-linear optical control [12] embed QDs inside various optical nanocavities. Controlling hybridisation of quantum dots with other nanophotonic components is thus crucial. Chemically synthesised colloidal quantum dots provide unparalleled simplicity of scale-up fabrication and straightforward integration into nano-architectures down to the single emitter level. [5,7–9,13–15] However their properties strongly depend on surface chemical composition and structure which have been hard to control.

The QD surface impacts their optoelectronic properties. The lower coordination of QD surface atoms and a variety of ligand binding modes lead to a distribution of localised charge trapping sites. [16] These trap sites reduce photoluminescence (PL) quantum efficiency [17] and constrain applications in energy conversion. [18] Such surface traps can be suppressed by chemical etching [19,20], surface-bound ligands [21,22], and passivation with wide-bandgap shells [23], however, complete elimination is hindered due to incomplete ligand coordination, remaining lattice vacancies and lattice mismatch at the core-shell interface. Radiative recombination of surface-trap excitons gives long-lifetime emission redshifted from the band-edge exciton PL. For InP/ZnS core-shell colloidal QDs used here, the energy separation between the surface states and band-edge emission is $\sim 250\text{meV}$, while the band-edge bright/dark exciton splitting is $\sim 10\text{meV}$, allowing them to be distinguished. [24] The large surface:volume ratio of QDs allows dense surface traps to emit as brightly as

the band-edge excitons, giving ‘white light’ QD emission. [22,25,26]

While trap emission was initially attributed to surface indium dangling bonds, [27] more recent EPR [28] and XPS studies of HF-etched InP QDs evidence the role of hole-trapping P dangling bonds and surface oxidation. *Ab-initio* calculations [29], positron spectroscopy [30], XPS [31], and optical magnetic resonance [32] of CdSe QDs also show that surface traps stem from dangling selenium bonds (analogous effects found also for CdS QDs [33]). Despite this wealth of information, there is less understanding of their influence in optical cavities, as well as the interplay with intrinsic excitons. [34]

Here, we demonstrate for the first time that the carrier recombination process in QDs is significantly modified by a plasmonic nanocavity, resulting in dominant trap state emission under two-photon excitation. We use a ‘nanoparticle-on-mirror’ (NPoM) geometry [35], built of individual Au nanoparticles above a Au film with QDs sandwiched between the metallic surfaces (Fig. 1a) to provide an optical field enhancement up to $E/E_0 = 100$ in a mode volume $< 100\text{ nm}^3$. This deep sub- λ extreme confinement of light in NPoMs enhances two-photon absorption $> 10^8$, switching on nonlinear interactions [36] and manipulating absorption/emission in single QDs. [37]

Despite studies of surface traps using one-photon excitation, interactions between spin-forbidden dark excitons and surface traps remains largely unknown. Quantum confinement modifies the QD excitonic states, each of specific parity. Dark exciton states have odd parity, thus one-photon interband transitions to these states are forbidden. [38–42] Resonant absorption to excitonic dark states can however be achieved using two-photon excitation. [40–43]

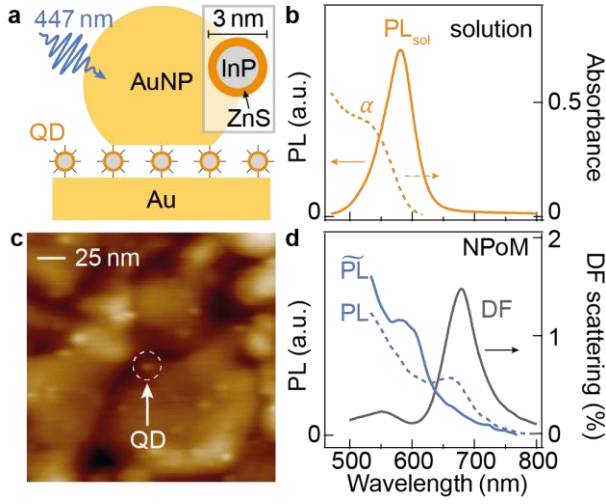


FIG. 1. (a) Schematic of QDs in NPoM nanogap. Au NP sits on monolayer of quantum dots self-assembled onto gold film, inset shows core-shell InP/ZnS QDs. (b) Photoluminescence spectrum of InP/ZnS QD₅₄₀ ($\lambda_{\text{max}}=540\text{nm}$) in solution (solid line), along with extinction spectrum (dashed line). (c) AFM image of QDs on gold substrate. (d) PL spectra of QDs coupled to the plasmonic cavity (dashed), dark-field spectrum of the NPoM cavity (grey), and QD emission spectrum normalised by the cavity resonance (solid blue).

The three types of InP/ZnS core-shell QDs with exciton absorption at 460 nm, 540 nm, 580 nm (QD₄₆₀, QD₅₄₀, QD₅₈₀) used here (see SI Note 1) are stabilised with 3-mercaptopropionate ligands (MPA) to sustain their dispersion in water and allow close proximity to Au. [44] The QD₅₄₀ ($3.1\pm0.3\text{ nm}$) solution exhibits an exciton absorption edge at 540 nm while their room temperature photoluminescence (PL) is centred at 580 nm for 447 nm excitation (Fig. 1b). We immerse template-stripped ultraflat Au substrates in the QD solution, self-assembling QDs onto the Au film through the binding of the MPA ligands to the Au surface. [45] Atomic force microscopy (AFM) reveals a sparse distribution of separated individual QDs with a surface coverage of $\sim 2\times 10^{-4}$ QDs nm^{-2} (Fig. 1c). This implies that when drop-casting 80nm Au nanoparticles on top, only a minority of assembled NPoM cavities contain more than a single QD ($< 1\%$, SI Note 3). Modelling the QD-filled NPoM cavity using finite-difference time-domain calculations gives maximum field enhancement $E/E_0 = 100$ (Fig. S7). The resulting Purcell effect drastically reduces the emission lifetime of QDs embedded in NPoM cavities. [46] The predicted $\tau < 100\text{ fs}$ is well below any single-photon avalanche diode instrument response ($> 50\text{ ps}$, Fig. S8), hindering confirmation of single-photon generation.

With one-photon excitation at 447 nm, PL of QDs on flat Au is strongly quenched due to non-radiative coupling into the metal (Fig. S9a). [46] By contrast, PL of the QDs recovers when embedded within the

NPoM cavity as the radiative decay rate is now Purcell-enhanced and competes with non-radiative relaxation. [48,49] The PL spectral shape is strongly modified (dashed blue curve, Fig. 1d) as the QD emission couples with the gap plasmon modes of the NPoM. The observed emission peak arises from the lowest coupled plasmon resonance, confirmed by its red-shifting with the NPoM dark-field scattering peak when the facet of the Au nanoparticle restructures over time (Fig. S9c,d). Normalizing the measured PL spectrum to the outcoupling efficiency of the same NPoM structure, which is given by the square root of the dark-field scattering spectrum [36] (grey curve, Fig. 1d), yields the true emission peak (\tilde{PL}) around 590 nm (blue curve, Fig. 1d), matching the emission peak measured from QDs on glass. The additional shorter-wavelength background is light emission from the metal, which is strongest near the bulk plasmon at 510nm. [50]

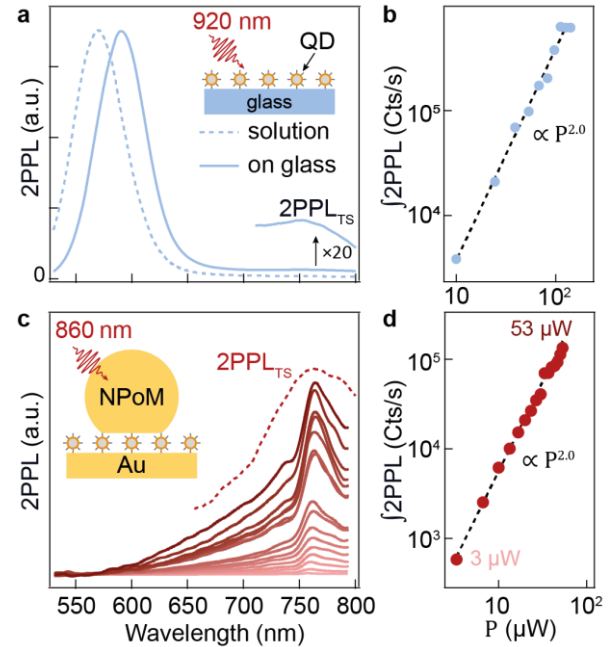


FIG. 2. Two-photon excited photoluminescence (2PPL). (a) QD₅₄₀ emission spectrum excited by 120 fs pulses at 920nm, for QDs in aqueous phase/air (dashed line) and dried on glass (solid line, as in inset). (b) Power dependence of 2PPL signals from QD₅₄₀ solution, confirming emission is from two-photon absorption. (c) Emission spectra of QDs in a NPoM cavity (as in inset) for increasing excitation power (solid line). Also shown (dashed line) is two-photon-absorption trap-state emission from QDs dried on glass. (d) Quadratic power dependence of QD PL in NPoM.

We probe the exciton level structure in InP/ZnS QDs using two-photon excitation (2PPL). With 120 fs pulses at 920 nm, both QDs in aerobic aqueous solution and QDs dried on glass (SI Note 2) show band-edge emission similar to their 1PPL spectra (Figs. 2a, S10a). The quadratic dependence of the integrated emission intensity on the average excitation power (Fig. 2b) confirms that the emission

comes from nonlinear two-photon absorption (2PA). For 2PA in QDs dried on glass, trap state emission is 40 times weaker than the band-edge emission. Control experiments with 1PPL indeed verify this long-wavelength emission is from trap states (Fig. S10a).

In contrast, for QDs coupled to the NPoM cavity, two-photon excitation induces drastically different emission spectra with a broad peak at 760 nm, while the band-edge emission is completely suppressed (Fig. 2c). This emission is again quadratic with power (Fig. 2d) and consistent from >50 NPoM nanocavities examined (Fig. S11), yet absent from NPoM samples without QDs. The spectral shape and resonance position of the NPoM 2PPL emission coincide with the 2PA trap state emission from QDs on glass (Fig. 2c,

dashed line). This confirms that the excitonic recombination process of the QD is strongly modified by the NPoM cavity so that the dominant emission originates now from surface trap states.

To understand the exciton relaxation and emission from QDs in NPoM cavities, we compare emission spectra with different excitation wavelengths. For one-photon interband excitation at 447 nm, we observe dominant emission from the band-edge bright exciton (Fig. 3a, top panel). With two-photon excitation at 860-920 nm, the band-edge emission is completely turned off while broad trap state emission (FWHM ~100 nm) is enhanced (Fig. 3a, middle and bottom panels).

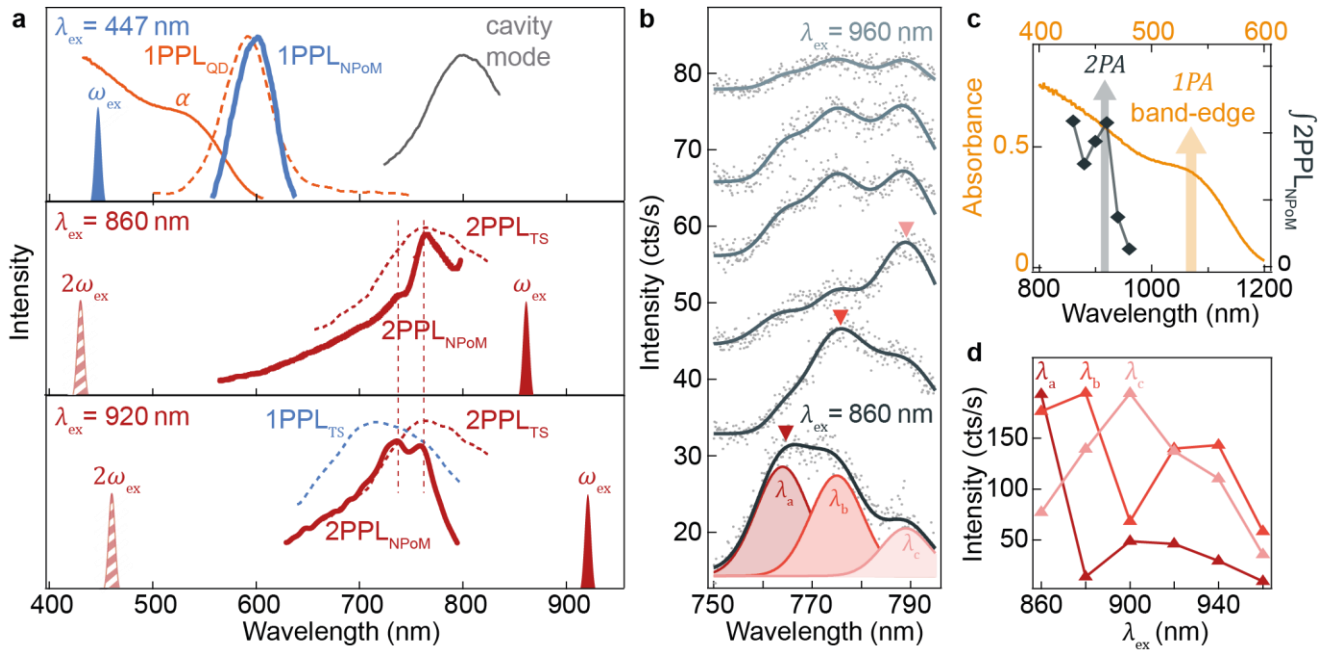


FIG. 3. Selectively-pumped trap state emission. (a) Top panel: Normalised PL from one-photon-absorption of QDs in NPoM cavity ($\bar{P}L$, blue line) and on glass (dashed orange line) using CW excitation at 447 nm, along with extinction of QDs in solution (solid orange line) and plasmonic cavity resonance (grey line). Middle/bottom panels: 2PPL spectrum for QDs in NPoM (solid line) with (middle) 860 nm and (bottom) 920 nm pulsed excitation, and from QDs dried on glass (red dashed, while blue dashed line shows from one-photon excitation). Excitation wavelengths and equivalent one-photon doubled wavelengths also marked. (b) 2PPL spectra for a single QD NPoM vs pump excitation tuned from 860 nm to 960 nm (20 nm steps), with fit curves (grey line) composed of three Gaussians at 764, 775, and 789 nm (red arrows). (c) Integrated 2PPL intensity of QDs in NPoM vs excitation wavelength showing absorption resonance ~920 nm (grey line) and one-photon α spectrum of QD solution plotted vs $\lambda/2$ axis (yellow line). (d) Integrated intensity for the three 2PPL modes vs excitation wavelength, showing selective pumping of individual QD trap states.

Surprisingly, different excitation wavelengths λ_{ex} selectively populate different trap states. With $\lambda_{ex}=860$ nm, trap state emission is peaked ~760 nm, while using $\lambda_{ex}=920$ nm yields an additional 2PPL peak at 730 nm (Fig. 3a, bottom panel) that is consistently observed across 30 NPoM constructs examined. These large changes in 2PPL provide insight into the discrete energy levels within the trap state and their selective coupling to the excitons excited by 2PA inside nanocavities. Such discrete energy states cannot be distinguished in the broad

trap state 2PPL band acquired from QDs outside cavities (Fig. 2a).

To gain more understanding of this trap state emission, we collect the 2PPL signal while scanning λ_{ex} from 860 nm to 960 nm on each QD-filled NPoM (Fig. 3b). The integrated trap state emission within our detection window is found to peak for pump $\lambda_{ex}=920$ nm, corresponding to a dark ($J=2$) excitonic absorption resonance at 460 nm (Fig. 3c). The $J=2$ exciton is thus 0.35 eV higher energy than the $J=1$

ground state, suggesting that it arises from the p -state manifold of the QD, as discussed below.

The 2PPL spectra when tuning λ_{ex} are all composed of the same set of emission modes at $\lambda_a=764\text{nm}$, $\lambda_b=775\text{nm}$, and $\lambda_c=789\text{nm}$ (Fig. S12). For $\lambda_{\text{ex}}=860\text{ nm}$ strongest emission comes from the two $\lambda_{a,b}$ higher energy modes, while tuning to $\lambda_{\text{ex}}=880\text{ nm}$ elicits redder emission dominated by $\lambda_{b,c}$ (Fig. 3d). Further increasing λ_{ex} to 900 nm hits the resonance of the lowest energy trap (λ_c). Not only does lower energy excitation selectively induce emission from lower energy trap states, but the energy difference ($\Delta E = 2\omega_{\text{ex}} - E_{\text{TS}}$) between the trap state emission (E_{TS}) and two-photon absorption energy remains fixed at $\Delta E \simeq 1.2\text{ eV}$. This implies energetic relaxation is dominated by a single resonant process from the $J=2$ exciton to the trap states. The contrast between 2PPL spectra of QDs in or outside NPoMs implies preferential exciton relaxation into trap states for plasmonic cavities. To investigate further, the energies of band-edge and trap states are tuned by varying the QD size. The one-photon excited band-edge emission redshifts as expected for reduced electron confinement in the larger QD₅₈₀ (Fig. 4a). Similarly, larger QDs redshift the trap state emission band with two-photon excitation (Fig. 4b dashed), with slight drop of energy separation $E_g - E_{\text{TS}}$ from 0.7 to 0.5 eV (Fig. S13). In these solution QDs, two-photon-excited dark

excitonic states undergo rapid non-radiative phonon relaxation from the $J=2$ exciton to the exciton ground state (E_g) through phonon emission. [51] At room temperature, the band-edge bright and dark excitons are thermally mixed, leading to PL from the bright exciton recombination (Fig. 4c). This process is also accompanied by exciton relaxation into surface trap states (E_{TS}), which gives weak emission of a lower energy photon upon recombination.

Using NPoMs with QDs of increasing size shows the 2PPL emission spectra redshifting exactly as for the 2PPL from solution QDs (Fig. 4b solid lines). This implies that indeed it is the relaxation rates rather than the electronic states themselves which change in the plasmonic cavity, and that the suppression of band-edge exciton emission is universal. We note that the plasmon cavity mode also redshifts for larger QDs (Fig. 4d), due to the larger gap refractive index [52] (Fig. S14a).

The dominance of trap state emission for $J=2$ excitation is unexpected. Our data reveal that an ultrafast (<500 fs) [53] spin-preserving transition of $\Delta E \sim 1.2\text{ eV}$ is responsible, and is produced by plasmonic confinement. It is suggestive that this ΔE is close to the dark-plasmon mode denoted (11) that lies below the bright coupled plasmon visible in Fig. 4d. One possibility is thus that $J=2$ excitons rapidly emit (11) gap plasmons (which since also dark are mostly absorbed in the metal) to transfer to $J=1$ trap states. For two-photon excitation, QDs in

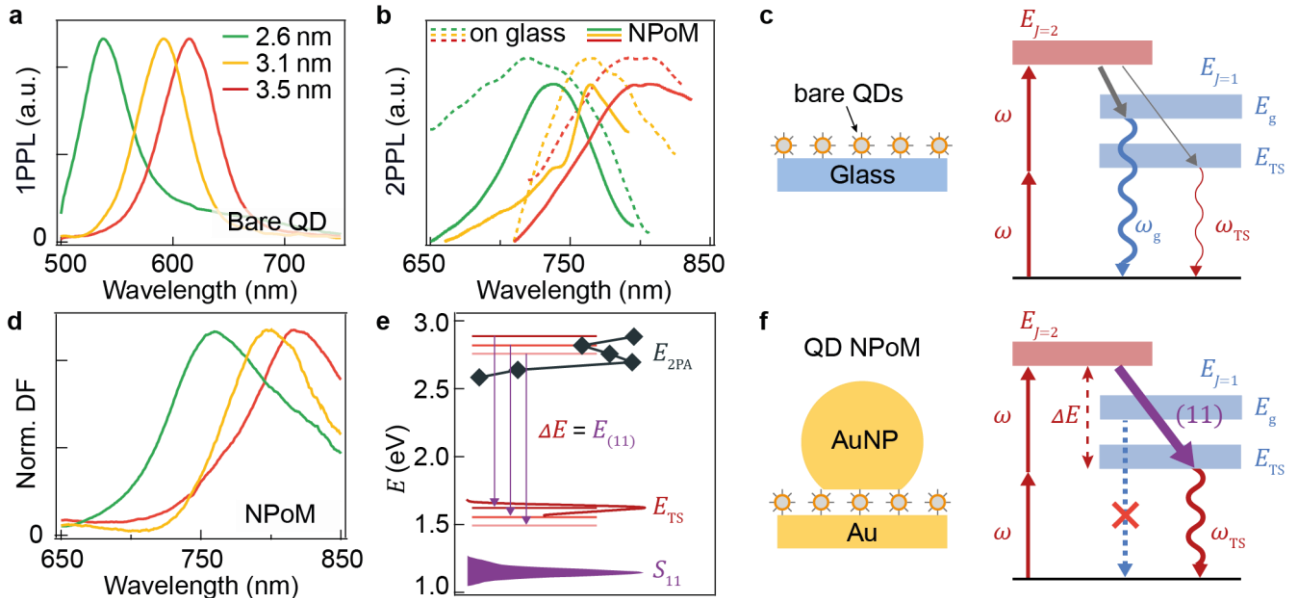


FIG. 4. NPoM-modified radiative recombination processes. (a) Ensemble PL from one-photon-absorption of QD_{460,540,580} on glass. (b) Trap state PL from TPA of QDs₁₋₃ on glass (dashed) and inside NPoM cavities (solid line), using 920 nm pulses. (c) Bare QDs on glass: two-photon excitation of dark $J=2$ exciton (double red arrows). Excitons either spin-flip to the ground state E_g (grey arrow) to emit PL (blue arrow), or couple to $J=2$ surface traps to emit red-shifted photons. (d) Dark-field spectra of NPoM cavities formed with QDs₁₋₃. (e) Energy alignment of $J=2$ excitons ($E_{2\text{PA}}$, black points show 2PA), emissive surface traps (E_{TS}), and calculated (11) plasmon mode of NPoM. (f) Model of QDs in NPoM: two-photon-excited dark exciton relaxed by (11) gap plasmon into surface trap states, bypassing formation of band-edge excitons.

NPoMs are found to emit trap state light >4000 more brightly than the band-edge emission from QDs in solution, confirming highly radiative coupling is possible from such $J=1$ trap states.

To support this hypothesis, we perform finite-difference time-domain simulations to reveal both bright and dark electromagnetic modes of the NPoM plasmonic cavity (Fig. S14a,b). These identify the non-radiative ‘in-plane’ plasmon mode (11) [54,55] at 1.1 eV, which persists under variations of facet width and nanoparticle size (Fig. S15). This (11) energy matches the relaxation energy ΔE (Fig. 4e) supporting our hypothesis of plasmon-induced excitonic relaxation. This process is forbidden from the band-gap excitons both energetically and by spin (since the resulting $J=2$ trap states would not radiate). In addition, we demonstrate that such plasmon-induced trap state emission is also observed with CdTe QDs in NPoM cavities (Fig. S16).

The QDs in these nanogaps are expected to have random lattice orientations with respect to the NPoM facet. Although the optical field orientation in the NPoM cavity is perpendicular to the facet, the excited excitons confined in each QD have non-zero in-plane components that can couple to in-plane dipolar plasmon modes. Because the NPoM nanocavity mode around 800 nm has perpendicular field, it is not possible to use it to inject specific spin states ($J_z = \pm 1$) using circular polarisation. However it does appear from our data that the bright and dark plasmonic modes can considerably mix and influence the excitonic recombination process in QD NPoM cavities.

In conclusion, we experimentally reveal that NPoM plasmonic nanocavities strongly modify the emission of single QDs by fully suppressing the band-edge emission and enhancing two-photon-excited trap state emission. We resolve a number of different excitonic trap states 0.5-0.7 eV below the $J=1$ exciton which are 15-75 meV apart (Fig. S12), possibly related to hole-band mixing at defects. These effects persist for different QD sizes, which also tune the trap state emission wavelength. We explain our observations by a plasmon-induced ultrafast decay from the $J=2$ excitons to $J=1$ trap states at resonant energy difference $\Delta E \sim 1.2$ eV. We suggest that this is provided by Purcell-enhancement of a dark plasmon mode that exists in the nanogap, emitted in times (<100 fs [5,47]) much shorter than excitonic spin-flip relaxation from the excited state to the band edge [53]. Band-edge emission would only become visible if the trap states are saturated (and higher peak powers would damage these nano-constructs).

The dressing of QDs by plasmons thus has a profound effect on their energy relaxation, as well as their emission rates (which we also observe to be Purcell-enhanced in nanogaps for one-photon excitation, though note that strong coupling is not achieved here). Such tightly-confined optical fields in plasmonic cavities open challenging domains for quantum electrodynamics of quantum dots including dark excitons and surface trap excitons, and for future generations of nanophotonic devices such as high repetition rate on-chip communication and quantum information processing.

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